

## ◎Information for Daily Life◎

Please ask MAFGA to get further information on the items marked “\*”.

Contact: **Minoh Association For Global Awareness (MAFGA)** TEL: 072-727-6912/FAX: 072-727-6920/e-mail: [info@mafga.or.jp](mailto:info@mafga.or.jp)

ITEMS		DETAILS
Multi-lingual	<b>Multilingual consultation service (Individual consultation) *</b> For details: MAFGA TEL: 072-727-6912 FAX: 072-727-6920	You can consult MAFGA about daily life in various languages. Specialized staff will accept you individually and think about what can be done with you. Free. English/Chinese <b>Tuesdays 10:00-14:00</b> at <b>Minoh Multicultural Center</b> English/Nepali/Portuguese <b>Wednesdays 10:00-1400</b> at <b>Osaka Univ. Minoh Campus 3F 'MAFGA'</b> English/Vietnamese <b>Saturdays 10:00-14:00</b> at <b>Minoh Multicultural Center</b> For other languages, please ask MAFGA by phone, email or visit.
	<b>Free visa consultations for foreign residents *</b> TEL:06-6772-1127 for appointment only (Reception: Everyday 9:00-17:30 except New Year holidays)	Consultation with an immigration lawyer is available about residing in Japan, such as change of resident status, acquisition of Japanese nationality, and other immigration procedures. If needed, you may ask for an interpretation service in English, Chinese or Korean. Appointment is necessary. All consultations and interpretations are free. Place: <b>International House Osaka</b> (Osaka Kokusai Koryu Center) (8-2-6 Uehonmachi, Tennoji-ku, Osaka) Date: <b>2nd Wednesdays 13:00-16:00/4th Wednesdays 17:00-20:00</b>
	<b>Multilingual radio program on Tackey816</b> (FM81.6MHz) “GOOD DAY MINOH”	This program provides topics and music worldwide and the information from Minoh City in 5 languages. Airtime: <b>Monday-Friday 12:30-13:00 &amp; 23:00-23:30</b> Language: (Mon) English, (Tue) Chinese, (Wed) Spanish, (Thu) Thai, (Fri) Korean You can send inquiries and requests via MAFGA. FAX: 072-727-6920/e-mail: <a href="mailto:info@mafga.or.jp">info@mafga.or.jp</a>
Garbage Collection	<b>Burnable garbage *</b>	Collection day: District A – Mondays & Thursdays/District B – Tuesdays & Fridays
	<b>Empty cans, bottles *</b>	Collection day: District A – 1st & 3rd Wednesdays/District B – 2nd & 4th Wednesdays
	<b>PET bottles, unburnable garbage, hazardous materials &amp; large-sized garbage *</b>	To be collected twice a month on the fixed day according to the area. (There are 1st & 3rd week area and 2nd & 4th week area.)
	<b>Recyclable materials</b> For details: Environment Management Office (Kankyo Seibi-shitsu) TEL: 072-729-2371 FAX: 072-729-7337	Recyclable materials such as newspaper, ad paper, magazine, milk carton, corrugated cardboard and old clothes are collected. Trucks will come to the site. Date & Location: <b>Sat., Jan. 13, 2024 9:00-11:00</b> at <b>Naka Elementary School</b> / <b>Sat., Feb. 10 9:00-11:00</b> at <b>Minami Elementary School</b>
	<b>More information about garbage collection and garbage separation</b>	See the Minoh City website. (Japanese) <a href="http://www.city.minoh.lg.jp/seibi/02_howto/00how_to_top.html">http://www.city.minoh.lg.jp/seibi/02_howto/00how_to_top.html</a>
Consultation	<b>Consultation with a lawyer *</b> Place: Human's Plaza TEL: 072-721-4800 FAX: 072-721-3501	Contents you can consult: All matters related to law, such as repayment of a debt, troubles with other people, traffic accidents, inheritance, and divorce. Available monthly on every 2nd Wednesday. Fee: free Limit: 5 persons/day (Appointment is required at least 3 days before.) Date: <b>Wed., Jan. 10, 2024 17:00-19:00/Wed., Feb. 14 17:00-19:00</b>
Children	<b>Open playgrounds *</b>	Playgrounds at nurseries (municipal & other) and public kindergartens are open to pre-kindergartners.
	<b>Ohisama Room * (Childcare Support Center)</b>	Places for mainly pre-kindergartners and parents. Kids' Corner, Ohisama Room (Support Center for Child Raising), Shutcho Kosodate Hiroba (Traveling Childcare Area), etc. For more information, please contact Ohisama Room Kayano. TEL/FAX: 072-723-5433
Health	<b>Basic health check-up</b> Place: Medical Health Center (Iryo Hoken Center) TEL: 072-727-9555 FAX: 072-727-3532	Free basic health and dental check-ups are available for residents living in Minoh City, aged 15 to 39, who cannot have the check-ups at work or school. Date: <b>Fri., Jan. 12, 2024 13:00-14:30/Fri., Feb. 16 9:00-10:30</b> Application due: 15:00 of the previous day you want to have the check-ups. For application & inquiries: Medical Health Center (Reception time: Mon-Fri, 10:00-17:00)
	<b>Specific health check-up for National Health Insurance holders *</b>	Minoh City National Health Insurance holders aged 40 to 74 can have free specific health check-ups at designated hospitals or clinics in Minoh City. Please bring the check-up coupon mailed in April and your health insurance card.
	<b>Dental check-up for children *</b> Place: Preventive Dentistry Center (Yobo Shika Center) TEL: 072-727-9556 FAX: 072-727-3532	Children of 1-15 years old can have regular dental check-ups and fluoride treatment, etc. Advance registration is needed. (Registration is free of charge.) Fee: Check-up ¥1,000 and fluoride treatment ¥1,000 per service Date: <b>Fri., Dec. 22/Mon., Dec. 25/Fri., Jan. 5/Wed., Jan. 17/Wed., Jan. 24/Mon., Jan. 29/Fri., Feb. 2/Wed., Feb. 7</b> Reception: <b>14:00-16:00</b> (A check-up starts at 14:30.)
	<b>Health check-up for babies/infants *</b> Place: General Health & Welfare Center (Sogo Hoken Fukushi Center) For details: Healthy Children Division (Kodomo Sukoyaka-shitsu) TEL: 072-724-6768 FAX: 072-721-9907	(1) 4 months old check-up Date: <b>Thu., Dec. 21/Wed., Jan. 10/Wed., Jan. 24/Wed., Feb. 14</b> (2) 18 months old check-up Date: <b>Tue., Jan. 16/Fri., Jan. 19/Tue., Feb. 6/Fri., Feb. 16</b> (3) 3 years 6 months old check-up Date: <b>Tue., Dec. 19/Tue., Jan. 9/Tue., Jan. 23/Tue., Feb. 13</b> Every eligible child will receive a letter informing the reception time, things to bring, etc. around 15th of the previous month of check-up. Fee: free
	<b>BCG vaccination</b> Place: General Health & Welfare Center (Sogo Hoken Fukushi Center)	Babies are recommended to receive vaccination between 5 months and 8 months old. Please come directly to the site (General Health & Welfare Center 2F). Reception: 13:30-14:45 Date: <b>Wed., Dec. 20/Thu., Jan. 11, 2024/Wed., Jan. 31/Thu., Feb. 15</b> Fee: Free
	<b>Toyono Wide Area Children Sudden Illness Center *</b> (Toyono Kouiki Kodomo Kyubyo Center) TEL:072-729-1981 (5-1-14 Kayano, Minoh)	Emergency clinic is open during nights and holidays for children under middle school age. Treatment is only for patients with pediatric illness. Mondays through Fridays: from 18:30 to 6:30 next morning / Saturdays: from 14:30 to 6:30 next morning /Sundays & Holidays: from 8:30 to 6:30 next morning
	<b>Volunteer interpreter service at Minoh City Hospital</b> TEL: 072-728-2001	English/Japanese interpreters are available. Please apply at the General Information Counter. Date: <b>Tuesdays and Thursdays</b> Time: <b>9:00-12:00</b> Volunteer interpreters from “Minoh Foreign Resident Medical Support Net” will support you.
	<b>Specific medical tests, etc.</b> Place: Ikeda Public Healthcare Center (Ikeda Hokensho) TEL:072-751-2990 (3-19 Masumi-cho, Ikeda)	(1) Bone marrow donor registry (Reservation needed) (2) Hepatitis B/C virus antigen/antibody test (Reservation needed) (3) HIV/AIDS (name withheld), Syphilis or Chlamydia test Some tests are now suspended. Please ask Ikeda Public Healthcare Center for dates and further details.
	<b>Mental health advice and treatment</b>	Place: General Health & Welfare Center For details & application: Ikeda Public Healthcare Center (Ikeda Hokensho) TEL: 072-751-2990